



Healthy Grocery Bag Project

Each bag should contain:

- 4 potatoes
- 2 onions
- 4 carrots
- Two 10.5oz cans of chicken noodle soup or one 20oz box of chicken broth
- 1 bulb of garlic

Please do not include items in glass jars or containers.

**Shopping online? Please make sure all items are shipped to:
MLK Day of Service @ WHC
3935 Macomb St. NW
Washington, DC 20016*

Thank you!



WASHINGTON HEBREW
CONGREGATION